### DEPARTMENT OF MENTAL HEALTH

State of Mississippi



#### MEMORANDUM

TO: Peer Support Specialist Applicant

FROM: Mississippi Department of Mental Health

RE: Certified Peer Support Specialist Professional Application

Thank you for your interest in the Certified Peer Support Specialist Professional (CPSS) Training. The CPSS application is attached. As the information requested on the application is lengthy, please carefully review and submit the completed original application including all required attachments to:

Mississippi Department of Mental Health ATTN: Anita Gipson Certified Peer Support Specialist Program 239 North Lamar Street 1101 Robert E. Lee Building Jackson, MS 39201

Email: anita.gipson@dmh.state.ms.us

601-359.6693

### <u>SCHOLARSHIP</u>

Scholarships are limited and granted based on availability of funds. In order to apply for a scholarship, please submit a brief essay explaining why you want to attend the Certified Peer Support Specialist Training.

We look forward to receiving your application!



**Mississippi Department of Mental Health** 

# CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL APPLICATION

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This packet includes everything you will need to apply for the Mississippi Peer Support Specialist Training. There are several steps to this process which are clearly outlined. Please read all instructions carefully before you begin.

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#### **INSTRUCTIONS**

Please read all instructions carefully before you begin.

- Complete CPSS Discovery Guide. The CPSS Discovery Guide will help you to decide if participating in the Peer Support Specialist Training makes sense for you at this time. The Assessment should not be submitted to the Department of Mental Health. If based on the Guide you decide to continue with the process please complete the CPSS Application.
- 2. **Complete CPSS Application.** This form is to be completed by the <u>Applicant.</u> Type or print <u>ALL INFORMATION</u>. Fill in every blank and/or check the appropriate boxes. The application <u>MUST BE</u> properly notarized and signed by you or your legal representative, if applicable. The CPSS Application includes:
  - Reference Form. Applicant must submit two Reference Forms. The references must be able to attest to the individual's ability to perform the role of a Certified Peer Support Specialist. Reference letters may be written by: employers, teachers, supervisors, clergy, or staffs who has provided you services or treatment and can attest to your qualifications. Note: A Professional Reference cannot be a family member.
  - Verification of Employment Form. Verification of Employment Form does not have to be submitted prior to the CPSS Training, but must be submitted prior to receiving CPSS Professional Certification. The form must be completed by the Human Resource Director at the applicant's place of employment and placed in a signed/sealed envelope and returned to the Mississippi Department of Mental Health.
  - Professional Assurance and Release Form
  - Principles of Ethical and Professional Conduct Form.
    - The Department has adopted a code of ethics for Certified Peer Specialists. Each Certified Peer Specialist is required to comply with the code of ethics and shall sign a copy of the code of ethics. The code of ethics is intended to guide Certified Peer Specialists in their various professional roles, relationships and levels of responsibility. Please review the Principles of Ethical and Professional Conduct and sign and return the Acknowledgment form.
  - Scope of Activities Form. The scope of activities outlines the range of peer support services that a certified peer support specialist can provide to assist others in living their lives based on

the principles of recovery and resiliency. Please review the Scope of Activities and sign and return the Acknowledgement form.

Peer Support Specialist Applicant Check-Off Sheet
Please use this as a final self-reminder regarding all the necessary documents and have fully completed all the requirements of the application. This will help you, as well as us, with a quicker review of your application.

O CPSS Application (Notarized)
O Reference Forms
O Verification of Employment
O Professional Assurance and Release Form
O Acknowledgement of Principles of Ethical and Professional Conduct
O Acknowledgement of Scope of Activities
Official Transcript or documentation of GED
O Information Gathering Form
O Non-refundable application fee (\$30.00)
O CPSS Training Fee (\$50.00)

#### CERTIFIED PEER SUPPORT SPECIALIST DISCOVERY GUIDE

The job of peer support specialist is to help instill the hope of recovery, in part by being able to demonstrate or model recovery skills they have learned. In Mississippi a person wanting to become a peer specialist must complete a 4 day training program and pass a written exam, but the "expertise" a peer has comes not from a book or training program but from having "walked the walk"

A peer specialist must be aware of, able to publicly describe and role model to others the things that they learned that helped them to recovery

To help decide if you are ready for peer specialist training, please answer the YES/NO questions below. A "YES" answer means you are willing and prepared to give a detailed response.

		YES	NO
1	Are you willing to disclose to individuals receiving services, staff and the general		
	public that you have been diagnosed with a mental illness, addition disorder or both?		
2	Can you describe in detail what has helped you to move from where you were to where you are now?		
3	Can you describe what you have had to overcome to get where you are today?		
4	Can you describe some of the things that you do daily to keep yourself on the right path?		
5	Can you describe what your diagnosis means, how it impacted your life and what things you did to change that?		
6	Can you describe the purpose of your medications, any side affects you experienced and plans you developed to deal with them? (If you do not take medication leave blank)		
7	Do you have any type of written wellness plan? Can you describe what it was like to put one together and how it has helped you		
8	Can you describe some of the beliefs and values you have or have developed that helps to strengthen your recovery and why do you believe they do?		
9	Do you believe that you could talk to a person to help them understand recovery or try to convince someone who did not believe in recovery that it is possible?		
10	Can you describe some of the things you have found helpful in combating negative self-talk?		
11	Do you have a Wellness Recovery Action Plan or other type of written wellness plan? Can you describe what it was like to put one together and how it has helped you?		
12	Do you believe that you could talk to a person to help them understand recovery and resiliency?		
13	Can you describe the role that a sense of hope and resiliency played in your life, your recovery?		
14	Can you describe some of the community supports you have and how they help you deal with your mental illness/addiction?		
15	Can you describe how you deal with crisis? With recurrence of your symptoms?		

		YES	NO
	With relapse?		
16	Have you ever led a support group? Can you describe what you liked about it?		
17	Do you have experience leading a community based support organizations like,		
	NAMI-MS, Mental Health Association, Alcoholic Anonymous 12 Step Program?		
	Can you discuss how they supported/helped your recovery efforts?		
18	Have you attended and/or spoke at any conferences on mental health and/or		
	addictions in the last three years?		

If you answered no to eight (8) or more questions you may not be ready to participate in the peer specialist training at this time. We suggest that you check out the recovery programs available at your local mental health center, NAMI, Mental Health Association, The Arc of Mississippi, Mississippi Families As Allies, etc.

Being grounded in your own recovery is the best step you can take to help others become grounded in theirs.

# APPLICATION FORM for Certified Peer Support Specialist Professional (CPSS)

<u>Directions:</u> This form is to be completed <u>by the Applicant</u>. Type or print <u>ALL INFORMATION</u>; fill in every blank and/or check the appropriate boxes. The application <u>MUST BE</u> properly notarized and signed by the legal representative, if applicable.

Personal Information						
☐Mr. 1. a. Name: ☐Ms.						
(Type or	Print name EXACTLY as it should appea	r on the certificate.)				
b. Name(s) used on Records	b. Name(s) used on Records if different from above:					
2. Gender: ☐Male ☐Female ☐	☐Transgender Male to Female ☐	Transgender Female to Male				
3. Race/Ethnicity: ☐African A	merican Hispanic Asian	☐Caucasian/White				
☐ American	Indian/Alaskan Native	acial   Native American				
☐ Chinese	□Korean □Vietnamese □	Japanese				
☐Other (pl	ease specify)					
4. Date of Birth:/						
5.						
Home <u>Street Address</u>						
City, State, Zip						
County of Residence						
Numbers	Home Number:	Cell Number:				
Email Address						

The Division of PLACE will need to correspond with you regarding your application materials and/or related matters; a functional email address or accurate mailing address is mandatory. The Division of PLACE must be notified of any address changes during the certification process

<b>Experience</b>	Information
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Applicant must, within the last three years (not necessarily consecutively), have a minimum of 250 hours of paid or volunteer work or activities in a support or advisory role with adults diagnosed with a serious mental illness and/or substance abuse disorder or intellectual/developmental disability adults or transition age youth.

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<u>Position</u>				
<u>Organization</u>				
Street Address				
City, State, Zip				
Telephone Number				
Time Frame	From	to	# hours/week	
Responsibilities				
<u>Position</u>				
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Street Address				
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Time Frame					
Responsibilities	Telephone Number				
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10. I am comfortable and willing to self-disclose that I am a family member and/or a person who has or is currently receiving services for mental illness, substance abuse, and/or intellectual/developmental disabilities for the purpose of education, role modeling and providing					
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has or is currently receiving services for mental illness, substance abuse, and/or intellectual/developmental disabilities for the purpose of education, role modeling and providing					
intellectual/developmental disabilities for the purpose of education, role modeling and providing					
hope to others about the reality of recovery and resiliency Yes No					

of the last twelve (12) months in self-directed re the recovery process of a family member living	1. In the last year, I have demonstrated a minimum of six (6) consecutive months out f the last twelve (12) months in self-directed recovery and/or resiliency or supporting ne recovery process of a family member living with mental illness, substance abuse, nd/or intellectual and developmental disability Yes No						
My signature below affirms that all of the informand correct to the best of my knowledge and hunderstand that knowingly providing false in revoke my certification.	has been completed by no other person.						
Applicant's Signature	Date						
Legal Representative's Signature (If applicable, please provide documentation)	 Date						

# **APPLICATION MUST BE NOTARIZED BELOW:**

-AFFIDAVIT-	
State of County of	
The undersigned, being sworn, deposes and says that he/she is the application; that the statements contained herein are true in every respect DMH Peer Support Specialist Professional Standards & Requirement Peer Support Specialist Professional Principles of Ethical & Professional Principles of Ethical & Professional Principles; that DMH the right to contact any person/organization in reviewing this application certification; that he/she authorizes the release of any information representatives) in reviewing this application and/or in maintenance understands that upon certification, certain certification data are considingly he releases DMH (and its representatives) from all liability and claims any) rendered by the undersigned; that he/she has read and understood understands that all application materials become the property of DMH and he/she understands that the application fee is nonrefundable/nontransferable.	ct; that he/she has read the cts document and the DMH essional Conduct and will (and its representatives) has on and/or in maintenance of equested by DMH (and its of certification; that he/she ered public information; that arising from any services (if od this affidavit; that he/she will not be returned; and, that
Applicant's Signature	Official Seal
Legal Representative's Signature (if applicable)	
Subscribed and sworn to before me this	
Day of, 20	
Signature of Notary Public	
My commission expires on	

# DMH CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL REFERENCE FORM

Applicant Name: \_\_\_\_\_

Directions: Thank you for taking the time to provide a this applicant as he or she applies for the Department Credential. Your feedback is a critical component of t	of Mental He	alth Certified Pe	er Support S	pecialist
1. Please read the Scope of Activities which described relationship and experiences with the applicant, the role. With this in mind, please complete the bottom of the form, you are attesting that the certification.	carefully con	nsider his or her rence Form. By	appropriate your signatu	re at the
<ol> <li>Once the reference is completed, place the form the envelope with your signature, and return the with the application.</li> </ol>	-		•	
3. If you have any questions please contact our office	ce at 601-359	)-6693.		
Please describe the nature of your relationship	with the appl	icant.		
2. How long have you known the applicant?				
<ol> <li>Please describe the strengths and any potenti her ability to provide services as a Certified Pe</li> </ol>		• •		
Please comment on only the items listed below check off the most appropriate rating of the appropriate.	•	•	pond and	
	Strong	Moderately Strong	Limited	
Academic Ability				
Written Communication				
Oral Communication				
Ability To Help Others				
Stress Management Abilities		<u> </u>		

REFERENCE CONTACT INFORMATON: (Please print/type)	
Name:	
Agency:	
Address:	
City, State, Zip:	
Email:	
Work Phone:	
My signature below affirms that all of the information contained support this application without reservation.	d in this document is true, and that
Signature of Reference	Date

# DMH CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL REFERENCE FORM

Directions: Thank you for taking the time to provide a reference and recommendation for certification to this applicant as he or she applies for the Department of Mental Health

Applicant Name: \_\_\_\_\_

Certified Peer Support Specialist Credential. Your application process and is greatly appreciated.	feedback is	a critical compo	nent of the
<ol> <li>Please read the Scope of Activities this describes relationship and experiences with the appl appropriateness for the role. With this in mind, Form. By your signature at the bottom of the for someone you would recommend for certification.</li> </ol>	icant, carefu please comp	ully consider h lete the CPSSP	is or her Reference
2 Once the reference is completed, place the form the seal of the envelope with your signature, and can be submitted with the application.			
3. If you have any questions please contact our office	ce at 601-359	9-6693.	
Please describe the nature of your relationship	with the app	licant.	
2. How long have you known the applicant?			
Please describe the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and any potential her ability to provide services as a Certified Personal Control of the strengths and Certified Perso		• •	
Please comment on only the items listed below check off the most appropriate rating of the appropriate.	•		spond and
	Strong	Moderately Strong	Limited
Academic Ability			
Written Communication			
Oral Communication			

Ability To Help Others

Stress Management Abilities

REFERENCE CONTACT INFORMATON: (Please print/type)	
Name:	
Agency:	
Address:	
City, State, Zip:	
Email:	
Work Phone:	
My signature below affirms that all of the information contained support this application without reservation.	d in this document is true, and that
Signature of Reference	Date

# DMH CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL VERIFICATION OF EMPLOYMENT

The Mississippi Certified Peer Support Specialist Professional who is employed must be under the general supervision of a mental health professional in accordance with acceptable guidelines and standards of practice as defined by the Mississippi Department of Mental Health.

<u>Directions:</u> This form is to be completed by the <u>Supervisor</u> at the Applicant's <u>current</u> place of employment. Please type or print <u>ALL INFORMATION</u>; fill in every blank or check the appropriate boxes. Upon completion, <u>the Peer Support Specialist Professional Supervisor should enclose the form in an envelope and <u>sign his/her name across the envelope's seal</u>. The signature on the envelope should match the signature on the enclosed form. The Peer Support Specialist Professional Supervisor should then <u>return the sealed envelope to the Applicant</u> for submission to the Division of PLACE.</u>

#### 1. Employment:

Applicant/Employee's Name	Applicant/Employe	ee Name:
Applicant/Employee's Place of Employment	Agency/Organization/Facility Name:	
	Applicant/Employe	e's <b>Specific Programmatic Area</b> :
Applicant/Employee's Date of Hire	☐ Part-time	☐ Full-time
Applicant/Employee's Job Title	- Fait-unie	<u> </u>
Is the applicant/employee responsible for providing or supervising Peer Support Services? If yes, please respond to the next question.	☐ YES Explanation:	□ NO (Provide explanation)

What percentage of applicant's time is devoted to providing Peer Support Services?		
Is the applicant/employee under the supervision of a mental health professional in accordance with acceptable guidelines and standards of practices as defined by the Mississippi Department of Mental Health?	☐ YES Explanation:	☐ NO (Provide explanation)
Is the Applicant/employee performing duties specified in the DMH Scope of Activities	☐ YES Explanation:	☐ NO (Provide explanation)
<b>check).</b> As appropriate to the Applicant's	position and prof	fessional responsibilities, have background
checks been conducted regarding	g this Applicant?	□YES □NO (Provide explanation)
Explanation:	Qualification	(Check the appropriate qualification).
a) This applicant/employ programmatic area whental Health.	yee <u>currently</u> which is <u>funded ar</u> <b>YES</b> ee <u>currently</u> wor	works for an agency/organization <u>and</u> in a <u>nd/or certified</u> by the Mississippi Department of <b>NO</b> Rks for a facility/organization which is <u>operated</u>
4. CPSS Supervisor's Name _		
Email Address:		
I verify that all of the information of knowledge and that the above na		document is true and correct to the best of my employed by this agency.
Signature Human Resources D	irector	Date

# DMH CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL ASSURANCE AND RELEASE FORM

The Department of Mental Health, PLACE Review Board reserves the right to request further information from all employers and other persons listed on the application form. The Board and its review committees also reserve the option of requesting an oral interview with the applicant. This information will be used strictly to evaluate the professional competence of the applicant and will be kept confidential by the Board. Further information may also be requested to verify training, employment history, etc. This information is not available to others outside of the certification process without written consent from the applicant.

"I give my permission for the PLACE Review Board and its staff to investigate my background as it relates to statements contained in this application. I understand that intentionally false or misleading statements or intentional omissions shall result in the denial or revocation of certification."

"I consent to the release of information contained in my application, certification file or other pertinent data submitted to or collected by the PLACE Review Board to officers, members and staff of the aforementioned Board."

"I further agree to hold the PLACE Review Board, its officers, Board members, employees and examiners free from any civil liability for damages or complaints by reason of any action that is within the scope of the performance of their duties which they may take in connection with this application and subsequent examinations and/or failure of the PLACE Review Board to issue certification."

"I am publicly disclosing myself as a first degree family member or a current or former recipient of mental health and/or substance abuse or intellectual/developmental disability services. Upon award of certification, I understand that my name and my certification status will be included in a public-access database of Certified Peer Support Specialist Professionals."

"I hereby affirm that the information provided on this form is correct and that I believe that I am qualified for the level of certification for which I am applying."

Print Full Name Date	
Signature	
Legal Representative (if Applicable)	

# DMH PEER SUPPORT SPECIALIST PROFESSIONAL PRINCIPLES OF ETHICAL AND PROFESSIONAL CONDUCT

Applicant shall comply with the Peer Support Specialist Professional Principles of Ethical and Professional Conduct and the Department of Mental Health <u>Operational Standards for Mental Health</u>, <u>Intellectual/Developmental Disabilities</u>, and <u>Substance Abuse Community Service</u> Providers Part V, Section C – Ethical Conduct.

- 1) Are guided by the principle of self-determination for all. Peer Support Specialist Professionals have a primary responsibility to help peers achieve their own needs, wants and goals.
- 2) Advocate for the full integration of individuals into the communities of their choice and promote the inherent value of these individuals to those communities. Certified Peer Support Specialist Professionals will be directed by the knowledge that all individuals have the right to live in the least restrictive and least intrusive environment.
- 3) Advocate for those they serve so that individuals may make their own decisions in all matters when dealing with other professionals.
- 4) OPENLY share their stories of hope and recovery and are able to identify and describe the supports that promote recovery and resilience.
- 5) Conduct themselves in a manner that fosters their own recovery.
- 6) Keep current with emerging knowledge relevant to recovery, and openly share this knowledge with other Peer Support Specialist Professionals. Peer Support Specialist Professional will refrain from sharing advice or opinions outside their scope of practice with individuals receiving services.
- 7) Maintain high standards of personal and professional conduct.
- 8) Never intimidate, threaten, harass, use undue influence, physical force or verbal abuse, or make unwarranted promises of benefits to the individuals they support. Peer Support Specialist Professionals will not engage in psychological abuse, neglect, or exploitation.
- 9) Never engage in exploitive and/or sexual/intimate activities with the individuals they serve. Peer Support Specialist Professionals will not enter into a relationship or commitment that conflict with the support needs of the individuals they serve.
- 10) Will not practice, condone, facilitate or collaborate in any form of discrimination on the basis of ethnicity, race, sex, sexual orientation, age, religion, national origin, marital status, political belief, disability, or any other preference or personal characteristic, condition or state.
- 11) Respect the privacy and confidentiality of those they serve. Peer Support Specialist Professionals have a duty to inform service recipients when first discussing confidentiality that contemplated or actual harm to self or others cannot be kept confidential. Peer Support Specialist Professionals have a duty to accurately inform service recipients regarding the degree to which information will be shared with other

- team members, based on their agency policy and job description. Peer Support Specialist Professionals have a duty to inform appropriate staff members immediately about any person's possible harm to self or others or abuse from caregivers.
- 12) Provide service and support within the hours, days and locations that are authorized by the agency with which they work.
- 13) Do not loan money; receive money or payment for services to, or from, individuals receiving services; or exchange gifts of significant value.
- 14) Will not abuse substances under any circumstances.
- 15) Strive to create a professional, safe and healthy work environment through words and action.
- 16) Utilize supervision and abide by the standards for supervision established by their employer.

# ACKNOWLEDGEMENT OF DMH CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL PRINCIPLES OF ETHICAL AND PROFESSIONAL CONDUCT

By initialing and signing below, you understand that you are required to follow the professional standards of conduct detailed in the Mississippi Certified Peer Support Specialist Professional Principles of Ethical and Professional Conduct. Your initials and signature are required in this section.

By affixing my initials and signature below:

I acknowledge that I have received a copy of the Mississippi Certified Peer Support Specialist Professional most current Principles of Ethical and Professional Conduct and will be responsible for obtaining all future amendments and modifications thereto.

	Initials
responsibilities under each principle an Specialist Professional Principles of E understand all of my obligations, duties	d and understood all of my obligations, duties and d provision of the Mississippi Certified Peer Support thical and Professional Conduct and will read and and responsibilities under all future amendments and alist Professional Principles of Ethical and Professional
	Initials
Print Full Name	Date
Signature	Date

# MISSISSIPPI CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL SCOPE OF ACTIVITIES

The scope of activities shows the wide range of tasks a Certified Peer Support Specialist Professional can perform to assist others in regaining control over their own lives based on the principles of recovery and resiliency. Certification does not imply that the Certified Peer Support Specialist Professional is qualified to diagnose an illness, prescribe medication, or provide clinical services.

- 1) Utilizing unique recovery experiences, the Certified Peer Support Specialist Professional shall:
  - Teach and model the value of every individual's recovery experience;
  - Model effective coping techniques and self-help strategies;
  - Encourage peers to develop independent behavior that is based on choice rather than compliance;
  - Establish and maintain a peer relationship rather than a hierarchical relationship.
- 2) Utilizing direct peer-to-peer interaction and a goal-setting process, the Certified Peer Support Specialist Professional shall:
  - Understand and utilize specific interventions necessary to assist peers in meeting their individualized recovery goals;
  - Lead as well as teach how to facilitate recovery dialogues through the use of focused conversation and other evidence-based and/or best practice methods;
  - Teach relevant skills needed for self management of symptoms;
  - Teach others how to overcome personal fears and anxieties;
  - Assist peers in articulating their personal goals and objectives for recovery;
  - Assist peers in creating their personal recovery plans (e.g., WRAP, Declaration for Mental Health Treatment, crisis plan, etc.);
  - Assist peers in setting up and sustaining self-help groups;
  - Appropriately document activities provided to peers in either their individual records or program records.
- 3) The Certified Peer Support Specialist Professional shall maintain a working knowledge of current trends and developments in the fields of mental health, co-occurring disorders, and peer support services by:
  - Reading books, current journals, and other relevant material;
  - Developing and sharing recovery-oriented material with other Certified Peer Support Specialist Professionals;
  - Attending authorized or recognized seminars, workshops, and educational trainings.
- 4) The Certified Peer Support Specialist Professional shall serve as a recovery agent by: Providing and promoting recovery-based services;
  - Assisting peers in obtaining services that suit each peer's individual recovery needs:
  - Assisting peers in developing empowerment skills through self-advocacy;
  - Assisting peers in developing problem-solving skills so they can respond to challenges to their recovery;

- Sharing his or her unique perspective on recovery from mental illness with nonpeer staff;
- Assisting non-peer staff in identifying programs and environments that are conducive to recovery.

# ACKNOWLEDGEMENT OF THE MISSISSIPPI CERTIFIED PEER SUPPORT SPECIALIST PROFESSIONAL SCOPE OF ACTIVITIES

By initialing and signing below, you understand that you will be required to follow the professional standards detailed in the Mississippi Certified Peer Support Specialist Professional Scope of Activities. Your initial and signature are required in this section.

Signature	 Date
Print Full Name	Date
	Initials
I further acknowledge that I have read and unde responsibilities under each principle and provision Specialist Professional Scope of Activities.	
Tronsconding Goope of Alexander	Initials
I acknowledge that I have received a copy of the Mi Professional Scope of Activities.	ssissippi Certified Peer Support Specialist
By affixing my initials and signature below:	
By initialing and signing below, you understand professional standards detailed in the Mississippi Cer Scope of Activities. Your initials and signature are req	tified Peer Support Specialist Professional



## Mississippi Department of Mental Health Certified Peer Support Specialist

# **INFORMATION GATHERING FORM**

# MISSISSIPPI PEER SUPPORT SPECIALIST INFORMATION GATHERING FORM

NAME:	DATE:	
ADDRESS:		
PHONE:	(HOME)	(CELL)
EMAIL: (Required)		
-	l help the review committee to choose between lease answer as well as you can.	
Please check which best d	escribes your current employment status:	
Employed full time in	the mental health field	
Employed full time ot	her	
Employed part time in	n the mental health field	
Employed part time o	other	
Volunteer in the ment	tal health field	
Volunteer other		
Retired		
Student		
Unemployed		
Other: Please explair	1	

### **INITIAL** only those that apply. Do NOT use a checkmark or an X:

### My primary lived experience is: (check all that apply)

	Current or former recipient of services for mental illness
	Current or former recipient of services for substance abuse
	Current or former recipient of services for intellectual/developmental disabilities
	1st degree family member (parent, sibling, child) of a current or former recipient of services for mental health illness, substance abuse, and/or intellectual /developmental disabilities
Please initia	all that apply to your family member:
	Serious Mental Illness
	Substance Abuse
	Intellectual and Developmental Disabilities
	Dual Diagnosis (mental illness and substance abuse)
	Dual Diagnosis (mental illness and intellectual and developmental disabilities)
Are you flue	nt in any other language(s) besides English? If so, which one?
All accommo	d any special accommodations during the training – Physical, dietary, etc.? odations must be pre-arranged. No Yes If so, what tions are required?

Please answer the following questions on your own. Your answers can be brief but you must use complete sentences. Your handwriting must be legible. You may use a dictionary. It is an avenue to assess your reading & writing skills as well as your understanding of the requirements to become a Certified Peer Support Specialist in the State of Mississippi and your lived experience with recovery. Certified Peer Support Specialists assist consumers and family members they serve in many activities requiring these skills. If you need additional space for your answers, attach a separate sheet of paper.

1.	In your own words, what does recovery mean to you? What factors were
	important in your recovery? or What factors were important in providing
	support to a family member?

2. Please share why you are interested in peer support services and the possibility of working as a Certified Peer Support Specialist.

3. Peer specialists are models of recovery for others. In what ways do you demonstrate recovery and its goal of a full and meaningful life in the community?

4.	What types of experiences have you had in advocating for individuals receiving services or family members? Please describe in detail, listing efforts in letter writing, personal advocacy, support of other family members, public testimony, programs you began, or the work you are doing now. Be specific.
5.	What types of seminars, training, or workshops you have attended in the last three years that would be relevant to your work as a peer support specialist (i.e., Wellness Recovery Action Plan Facilitator, Person Centered Planning, Personal Outcomes Measures, Wraparound 101, NAMI Peer to Peer, etc.)? Please be prepared to provide documentation upon request.

6. What do you do on a daily basis to maintain your recovery and personal wellness?

7.	If you obtain employment as a Certified Peer Support Specialist, how would you feel about sharing/disclosing parts of your personal recovery story with the people you support? Please describe your comfort level, avoiding single word answers.
8.	Describe what strengths you would bring to the position and what skills you feel you need to develop.
9.	Is there anything else you would like us to know in considering you for the Peer Support Specialist Training?

#### PERSONAL COMMITMENT

The Mississippi Peer Support Specialist Training requires a significant commitment of time and energy. Significant amounts of reading, homework, review worksheets, full participation, and a final test will be required. Please consider your ability to commit time and energy to this project before continuing.

If accepted into the program, I will attend and actively participate in the full 4-day training and participate in discussion and role plays utilizing my personal experiences and sharing my recovery and/or support story. Failure to attend entire training will result in the need to retake the entire course. I understand that I am not guaranteed employment or a volunteer position as a result of participating in the training.

My signature affirms that all answers in the Peer Support Specialist Information Gathering Form are true to the best of my knowledge.

Signature	Date	
Legal Representative (if applicable)	Date	

If you have additional questions, please contact the Mississippi Department of Mental Health, 601-359-1228.

#### Mail to:

Mississippi Department of Mental Health
ATTN: Anita Gipson
Certified Peer Support Specialist Program
239 North Lamar Street
1101 Robert E. Lee Building
Jackson, MS 39201

Email: anita.gipson@dmh.state.ms.us 601.359.1288